

Chicken WHOLE per kg - freshly frozen or fresh on Tuesdays

Chicken Whole	Per Kg from 1kg to 3kg	R64.00
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CHICKEN PRODUCTS

Braai Pack 12 pce aprox 1.6kg	12 Pieces 4 drums, 4 thighs, 4 wings	R118.00
Breast Fillets 500g packet	Tender Breast no bone or skin	R57.00
Breast Fillets BONE IN - 500g	Free Range Breast on bone with skin	R55.00
Burgers Chicken 2 patties	Pure chicken minced with spices	R35.00
Butterflied Flatties Lemon Herb 1.3kg	Whole chicken flattened	R99.00
Butterflied Flatties Lemon Peri-peri 1.3kg	Whole chicken flattened	R99.00
Butterflied Flatties Mild Texan 1.3kg	Whole chicken flattened	R99.00
Butterflied Flatties PLAIN 1.3kg	Whole chicken flattened	R98.00
Chicken STOCK 500ml - Bone Broth	Made on the farm	R25.00
Drumsticks 800-900g	FAT juicy drums about 6-8 per pack	R66.00
Drumsticks TUTTI FRUTTI 800-900g	Sweet sticky marinade	R67.00
Fat/Skin, feet, gizzards, hearts, necks, heads	Afval 500g bags	various
Leg Quarters 700g	Thigh and drum 2 per pack	R55.00
Liver 500g	Free range chicken livers	R30.00
Mince chicken 500g	Breast fillet minced	R55.00
Mini Breast fillets 400g	Tender inner fillets	R50.00
Mixed Portions 1.4kg	4 drums 4 thighs individ. Wrapped	R110.00
Pet Mince 500g PURE Minced CHICKEN	Hearts, liver, necks carcasses minced	R22.00
Prego Breast fillets 500g	2 Flattened breasts in prego sauce	R63.00
Sausage Chicken and BACON	Gluten free healthy sausage	R55.00
Sausage Chicken FETA & SAGE	Gluten free healthy sausage	R55.00
Sausage Chicken Roasted	Roast Chicken flavoured sausage	R55.00
Sausage Chicken Serbian Spicy	Gluten free healthy sausage	R58.00
Sausage Chicken Traditional	Herbs and spices gentle flavour	R55.00
Schmaltz - Chicken Butter 500g	Rendered chicken fat	R28.00
Schnitzel - seasoned 500g	Breast coated in egg and breadcrumbs	R60.00
Sosaties 500g	Chicken Breast, bacon and spices	R65.00
Soup Pack 1kg	Assorted chicken bones with meat	R25.00
Stir Fry 400g	Chicken Breast cut for Stir fry's	R50.00
Thighs 800g	Bone in Skin on	R63.00
Thighs De-Boned 400g	Deboned without skin	R63.00
Wings Drumettes Lemon Peri Peri 800g	Wings cut small with Lemon PP sauce	R65.00
Wings Plain 800g	Chicken wings vacuum sealed	R61.00
Wings Sundowner 800g	Wings in spicy marinade	R65.00

Eggs - Really FREE RANGE, pasture fed hens

Eggs - MIXED Size	Indigenous Boschveld eggs	R32.00
Eggs - PULLET small	Indigenous Boschveld eggs	R25.00
Eggs - JUMBO Size	Indigenous Boschveld eggs	R35.00
Duck Eggs - DOZEN	Huge white eggs	R40.00

BEEF - Pasture reared Free range Beef

Beef BILTONG 100g	BILTONG from pastured cows	R29.00
Beef BOEREWORS 500g	Wors from pastured cows gluten free	R55.00
Beef BURGERS 4 pack 500g	Burgers pastured beef gluten free	R45.00
Beef DROE WORS 100g	Droe Wors from pastured cows	R26.00
Beef GOULASH 500g	Cubed beef from pastured cows	R45.00
Beef MINCE 500g	Minced beef from pastured cows	R43.00

Pork Products

Bacon - Back 200g	Smoked back bacon	R32.00
Bacon - BITS 200g	Chopped bacon bits	R32.00
Bacon - Streaky 200g	Streaky smoked bacon	R32.00
Gypsey Ham 150g	Simple ham	R20.00
Pork Mince 500g	Minced prime cuts of pork	R54.00
Pork Sausage 500g	Wiltshire secret recipe	R55.00

Pork Sausage with LEMON 500g	Touch of lemon	R55.00
Salami Rustico 100g	Designer salami	R39.00
Lamb products from the Karoo		
Various lamb packs and products	Check our website for details	POA
DAIRY PRODUCTS from Grass fed Free Range Cows		
Butter 500g	Lightly salted	R49.00
Cheddar Cheese 250g WHITE	WHITE cheddar mild	R35.00
Clotted Cream	The real Devonshire cream	R48.00
Feta 760g	Pure feta, no preservatives	R45.00
Goudar Cheese 250g	Yellow soft cheese	R35.00
Kefir 500g	Probiotic health drink	R28.00
Labneh 250g	Lebanese cream cheese	R38.50
Raw Milk 2L	Straight from the cow	R32.00
Yogurt Greek 500g -- Extra thick	No preservatives or thickeners	R34.00
Yogurt Greek 1L -- Extra thick	No preservatives or thickeners	R55.00
Yogurt Natural 500g	No preservatives or thickeners	R39.00
Yogurt Natural 1L	No preservatives or thickeners	R39.00
Cleaning - Orange Power!		
Triple Orange BIO DETERGENT 500ml	Laundry cream - washing machines	R89.00
Triple Orange Wonder GEL 500ml	Cleaning power of Oranges	R85.00
Triple Orange Wonder SPRAY 500ml	Cleaning power of Oranges	R86.00
Triple Orange Bio Sanitiser SPRAY 500ml	Sanitising power of Oranges	R40.00
Other Interesting Farm products		
ButtaNutt- Roasted Tree nut Spreads 250g	Organic Tree nut butter spreads	R78.00
Chilli Salt	Spicy salt infused with mild chilli	R25.00
Chilli Sauce 250ml	Mild REAL chilli sauce	R39.00
Chutney - Beetroot 300g	Chutney to die for!	R50.00
Coconut Chips- Chocolate or Berry	Dried Coconut chips Organic	R30.00
Coconut Oil 1L	Healthy choice for frying	R79.00
Dried Green Peppers 50g	Sulphur free, exceptional quality	R24.00
Dried Onions 50g	Sulphur free, exceptional quality	R16.00
Dried Tomatoes 50g	Sulphur free, exceptional quality	R21.00
Grapeseed oil- Rosemary	Rosemary flavoured Grapeseed oil	R30.00
Honey -- Local Raw Honey	Local, Raw, special no additives	R52.00
Jam- Apricot 140g	Tierhoek ORGANIC jam	R26.00
Jam- Plum 125g	Tierhoek ORGANIC jam	R26.00
Juice Revolution - Brainiac	Blast Frozen SUPER JUICES	R32.00
Juice Revolution - Cranberry Kudos	Blast Frozen SUPER JUICES	R32.00
Juice Revolution - Fab Four	Blast Frozen SUPER JUICES	R32.00
Juice Revolution - Ginger Ninja	Blast Frozen SUPER JUICES	R32.00
Juice Revolution - Jungle Juice	Blast Frozen SUPER JUICES	R32.00
Mandela Tea 50g	ORGANIC Honeybush/Rooibos	R38.00
Marmalade- Lemon 300g	Tierhoek ORGANIC jam	R45.00
Mushroom- Shiitake Biltong 30g	Dried, mushroom seasoned snack	R55.00
Mushroom- Shiitake Pickled 270g	Pickled Shiitake.. Treat	R79.00
Mushroom- Shiitake powder 40g	Powdered mushrooms add flavour	R59.00
Mushroom- Shiitake Sweet and Sour 270g	Preserved in olive oil delicious	R79.00
Mushroom Shiitake-Whole/sliced Dried 20g	Dried decadent mushrooms	R37.00
Mushroom-Braai Rub 80g	Spicy mushroom braai rub	R74.00
Olive Oil - Middelpost 1L Glass	Pure award winning oil	R130.00
Olive Oil - Middelpost 250ml Glass	Pure award winning oil	R49.00
Pomegranate Seeds- Sun Dried	Tasty healthy snack	R20.00
Rooibos Tea - Bos BOX - Organic 40 bags	Certified organic tea	R28.00
Taka Health Golden Tea 125g	Tumeric & Coconut tea	R75.00

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ACCOUNT NUMBER : 10011415624